



DAY OF

“PAPAL”

GRACED
PRAYER

HISTORY

MY “

Difficult Moments also Graced History

- Graced History = Happy & Fun Moments
- Graced History = *also*
- **Difficult Moments**
- which can be equally Graced
- Sin History:
- Even Sin History
- can be redeemed into Graced History

Redeeming the Hidden Grace

- It is especially important to find God and God's love in the difficult moments of life
- moments of sadness, anguish, pain, hurt, etc.
- And it is perhaps even more important that we recoup, redeem the Grace that was there for us.

Resist the Devil and he will flee

- Our temptation is to try to block these events out of our minds
- --that will only end up in repression
- --where we deny it in our conscious mind, but it influences us from our subconscious
- --Satan uses this against us towards our destruction

Discern the Whisperings of Satan

- --plus Satan uses this to distance and ultimately separate us from God
- --inter alia: by whispering to us that God did not loves us then
 - whispering, always, whispering
 - so softly, so subtly, sounds like our vox, common sense, sounds like God's

Revealing the Truth of God

- However, the Truth is
- No matter what happened, no matter how bad it was....
- God WAS there
- God was there FOR YOU
- God loved you at that moment
- God was with you at that moment
- God felt for you at that moment
- God was saving you at that moment

Post Factum Redemption

- It is just that in that moment you did not, perhaps could not know it
- Could not feel it
- Too traumatized perhaps
- But now we can recoup the Grace that was there and continues to be there
- Now we can feel God's love
- Now we can be open and aware of God's grace

Experience God's Love for You

- goal of praying one's "Sorrowful Mysteries":
- to **experience God's love** even in these
- nb: be sure to stick strictly to the Structure of the Prayer Period: all the steps & parts
- be sure to see Jesus with you in the prayer: let Jesus lead you & console you during the reliving

Feel God's understanding & Love

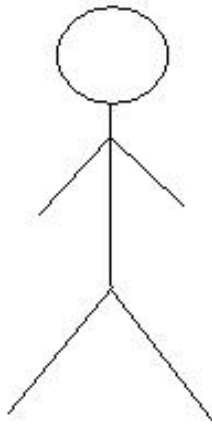
- Pray by "Reliving" - not just observing or remembering
- Feel God's Love
 - Feel: how you felt then
 - Feel: imagine God feeling what you were feeling then
 - Feel with your **imagination**
 - **what God was feeling in His Heart**
 - **as God was feeling your pain**

GOD

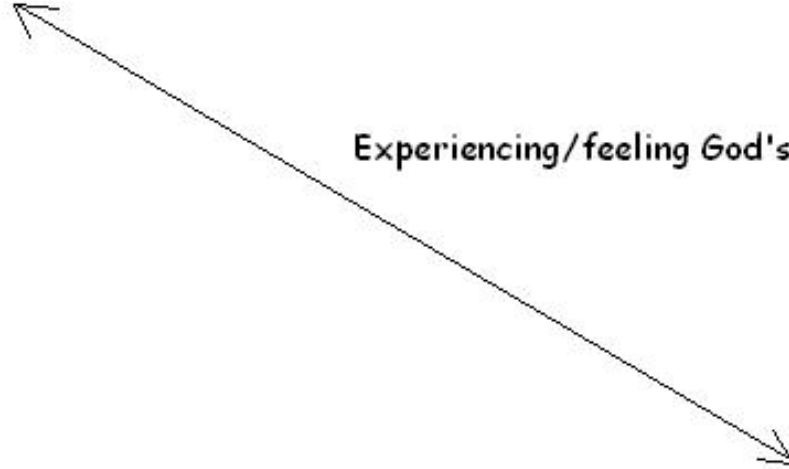
Loving me



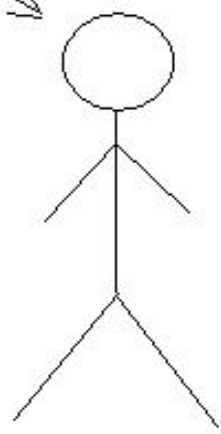
Me then



Experiencing/feeling God's love for me then



Me now



Knowing God's Feelings

- How can we know how God feels
- who is incomprehensible & absolutely transcendent
- **Sermon on the Mount**
 - God is a Loving Father
 - Which would give child a stone instead of bread or a snake instead of fish (not chinese)
 - “if you sinners know how to be compassionate...how much more God

How much more your Father

- Imagine if it were your child,
 - how loving and compassionate you would be
- if you sinners know how to be compassionate...
- **how much more God...**
 - God would feel at least what you feel (but infinitely more) but at least what you feel
 - That is within your imagination
- choose 2 or 3 Personal Difficult Moments for your next prayer period

