5 October Saint Faustina Kowalska, Virgin (Optional Memorial)

Common of Virgins: For One Virgin, or the Common of Holy Men and Women: For Religious

First Reading (To know the love of Christ which surpasses knowledge.)

A reading from the letter of Saint Paul to the Ephesians 3:14-19

Brothers and sisters: I kneel before the Father, from whom every family in heaven and on earth is named, that he may grant you in accord with the riches of his glory to be strengthened with power through his Spirit in the inner self, and that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpassed knowledge, so that you may be filled with all the fullness of God. —The Word of the Lord.

Responsorial Psalm (103 (102):1bc-32, 3-4, 8-9, 13-14, 17-18a)

R. O bless the Lord, my soul. (103 (102):1)

Bless the Lord, O my soul; and all my being, bless his holy name. Bless the Lord, O my soul, and forget not all his benefits. (R)

He pardons all your iniquities, he heals all your ills, He redeems your life from destruction, he crowns you with kindness and compassion. (R)

Merciful and gracious is the Lord, slow to anger and abounding in kindness. He will not always chide, nor does he keep his wrath forever. (R)

As a father has compassion on his children, so the Lord has compassion on those who fear him, For he knows how we are formed; he remembers that we are dust. (R)

But the kindness of the Lord is from eternity to eternity toward those who fear him, And he justice toward his children's children among those who keep his covenant. (R)

Gospel Acclamation

R. Alleluia, Alleluia.

Come to me, all you who labor and are burdened, and I will give you rest, says the Lord. (Mt 11:28)

R. Alleluia, Alleluia.

Gospel (Although you have hidden these things from the wise and the learned, you have revealed them to the childlike.)

A reading from the holy Gospel according to Matthew 11:25-30

At that time Jesus exclaimed: 'I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the learned you have revealed them to the childlike. Yes, Father, such has been your gracious will. All things have been handed over to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son wishes to reveal him.

'Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light.'

—The Gospel of the Lord.

Released by the Hong Kong Diocesan Liturgy Commission